

Welcome to Fox Creek School May 2021 Parent Newsletter



Principal's Message

We are on the home stretch and want to thank you for your continued support and collaboration as we move through this challenging pandemic. Unfortunately, we were affected by COVID-19 again with 2 cases being identified within our building and we want to wish all who were ill a speedy recovery and those who were quarantined continued safety and health. We know that it is challenging for those that have to stay home and quarantine but we want to thank you for your cooperation in keeping your children on track while they are learning from home. It takes a team to have success and the partnership between you and our teachers allows our students to continue to learn and grow together every day.

Looking forward to May there are some exciting events that are occurring within our building and we would like to highlight those events.

1st- Mental Health Week is May 3 thru May 7. Wednesday, May 5th is "Hats On For Mental Health" day! I encourage students and staff to wear a hat that day to raise awareness of the importance of good mental health.

2nd- In Elementary we will be doing a School Grounds Clean Up on Wednesday May 5 at 2:20 pm weather permitting.

3rd- Jr./Sr. Parent Teacher Interviews will be held via phone on May 12 from 5 pm to 8 pm. K-6 Interviews will be held on May 19.

4th - A reminder there will be no school on May 24, 25 and 26.

Finally, we look thank you for your compliance with our COVID 19 protocols that we have in place, we acknowledge that this pandemic has been challenging but if we continue to stay strong together we will overcome the challenges,

Sincerely, Fox Creek Admin Team

Email List:

If you would like to be added to our email list and receive an electronic version of our newsletter, please contact Mrs. Lussier at the office or victoria.lussier@ngps.ca





May 25 May 6 **Dates to** May 24 Parent-Teacher Parent-Teacher Non-Instructional mark your No School No School calendar Gr. K-6 5:30-8:00pm 5:30-8:00pm Ph. (780) 622-3742 Fax: (780) 622-3482 Box 88, Fox Creek, Alberta T0H 1P0 Email: foxcreek@ngps.ca Website: foxcreekschool.ca Facebook: Fox Creek School





Cross-curricular connections are a hit in 1H!

They combined their building and community units to make one big project! They had to design and build a house they imagined would fit in the community of Fox Creek! So many creative minds in 1H!















1H had a terrific time measuring their friends! They are wondering how long everyone else is in cubes/clothespins.





Grade 1H are playing a game created by aboriginal ancestors called "Run and Scream"!











Grade 3s loving outside Science class!





Multiplication fun in Grade 3 with arrays and eggs.









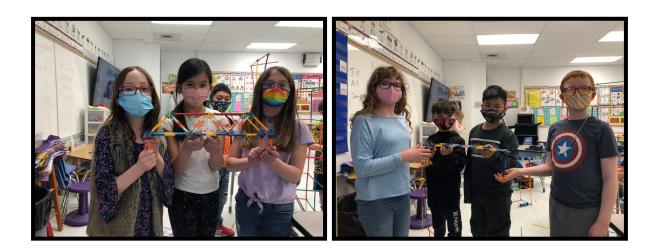


The Grade 3 class has been busy building bridges and other objects.









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Foods of Fox Creek School











The Grade 6 Dinel class is working on flight in science. Each group modified a sheet of paper to increase or decrease the drag. We had a contest to see which was the faster and slowest to fall.



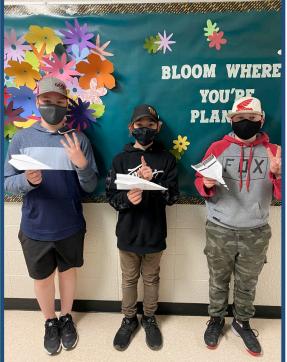




Grade 6S paper airplane wars! Students made their own airplane, designed for distance. 1st place: Bradeyn Tomlinson, 2nd place: Luke Grumbach, 3rd place: Reid Gomuwka















An update on the Fox Rod! The students put a big push into getting the Hot Rod closer to being finished. It is now ready to go in for upholstery! Great work everyone!!

A huge thank you to Rod Forest and Paramount Resources for supplying and installing our transmission cooler lines and fuel lines.

Also, a huge thank you to Richard Sharkey for all of your help in fabricating parts for the car.

Thank you to Paul Marinus for the time he spent with us in the shop and taking on the Hot Rod with the students. We could not have got it to this point without you. To all of the students. You have no idea what a good job you have done on working on the Hot Rod! Great Work!

To anyone that has automobile style batteries to get rid of. The Industrial Arts shop is still recycling them with proceeds going into the finishing of the Hot Rod.

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Paying for school items just got easier! SchoolCashOnline is the easy and safe way to manage your school expenses and view your payment history online. Save yourself the trip to the school and sign up today! ngps.schoolcashonline.com



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February to June is the peak scholarship period for grade 12 students. This is the time of year that there is the most number of scholarships available to students. Peak season coupled with the fact that some students who were actively looking for scholarships in Oct & Nov have dropped off, makes this a great time for students to find and apply for scholarships.

Please visit <u>Fox Creek School</u> website to see some of the scholarships available!



EXAM BANK

Practice tests for all grade levels are available on this site.

- 1. Log onto alberta.exambank.com
- 2. On the left hand side choose a grade level
- 3. Choose which exam you want to write and click on the start exam button
 - 4. username: foxcreek password: school

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A big thank you to Shell Canada and their social investment program for the support of \$10,000. This donation includes \$5000 for new seating in the Foods room and \$5000 towards our future purchase of an OmiVista Interactive Projector creating inclusive multi-sensory spaces for children at all levels and needs. Fox Creek School is so fortunate to have the continued support of Shell helping us provide enhancements to the programming that we are able to extend to our community.



Thank you to School Council for the beautification of our school. We appreciate the continued efforts from Jenn and Gord Ashmore!

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Fox Creek School would like to thank Mrs. Jen Hebert for her service as a student teacher at the school this past month. We send her well wishes with her continuing studies.



School Council Meeting on Thursday May 20, 2021 at 7:00pm. This will be done virtually please click the link if you would like to attend.

meet.google.com/cpv-rdoj-giu

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EVERY DAY COUNTS!

1 or 2 days a week doesn't seem like much, but ...

lf your child misse	s That equals	Which is	And over 13 years of schooling, that's
1 day every 2 we	eks 20 days per year	4 weeks per year	Nearly 1 1/2 years
1 day per week	40 days per year	8 weeks per year	Over 2 1/2 years
2 days per week	80 days per year	16 weeks per year	Over 5 years
3 days per week	120 days per year	24 weeks per year	Nearly 8 years

How about 10 minutes late a day? Surely that won't affect my child.

lf your child misses	That equals	Which is	And over 13 years of schooling, that's
10 mins per day	50 mins per week	Nearly 1 1/2 weeks per year	Nearly 1/2 year
20 mins per day	1 hr 40 mins per week	Over 2 1/2 weeks per year	Nearly 1 year
30 mins per day	1/2 day per week	4 weeks per year	Nearly 1 1/1 years
1 hour per day	1 day per week	8 weeks per year	Over 2 1/2 years

If you want your child to be successful at school then,

YES, attendance does matter.



If you require support in getting your child to school consistently and on time, talk to your Principal.



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COVID-19 INFORMATION

COVID-19 ALBERTA HEALTH DAILY CHECKLIST (FOR CHILDREN UNDER 18)

Overview

This checklist applies for all children, as well as all students who attend kindergarten to Grade 12, including high school students over 18. Children should be screened every day by completing this checklist before going to school, child care or other activities. Children may need a parent or guardian to assist them to complete this screening tool.

Screening Questions

1. Has the child:

(Choose any/all possible exposures)		
Traveled outside Canada in the last 14 days?	YES	NO
When entering or returning to Alberta from outside Canada, individuals are legally		
required to quarantine for 14 days unless enrolled in the Alberta COVID-19		
International Border Pilot Project		
Had close contact with a case of COVID-19 in the last 14 days?	YES	NO
Face-to-face contact within 2 metres for 15 minutes or longer, or direct physical		
contact such as hugging		
If the child answered "YES" to any of the above:		
• The child is required to quarantine for 14 days from the last day of exposure.		
 If the child is participating in the Alberta COVID-19 International Bor 	der Pilot	
Project, they must comply with the program restrictions at all times.		
 If the child develops any symptoms, use the <u>AHS Online Assessment Tool</u> or of 	all Health	Link
811 to determine if testing is recommended.		

• Proceed to question 2.

2. Does the child have any new onset (or worsening) of the following core symptoms:

Fever	YES	NO
Temperature of 38 degrees Celsius or higher		
Cough	YES	NO
Continuous, more than usual, not related to other known causes or conditions such as		
asthma		
Shortness of breath	YES	NO
Continuous, out of breath, unable to breathe deeply, not related to other known causes		
or conditions such as asthma		
Loss of sense of smell or taste	YES	NO
Not related to other known causes or conditions like allergies or neurological disorders		
If the child answered "YES" to any symptom in question 2:		
 The child is to isolate for 10 days from onset of symptoms. 		
 Use the AHS Online Assessment Tool or call Health Link 811 to arrange for testi 	ng and	to
receive additional information on isolation.	_	
If the child answered "NO" to all of the symptoms in question 2:		

Proceed to question 3.

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Chills	YES	NC
Without fever, not related to being outside in cold weather		
Sore throat/painful swallowing	YES	NC
Not related to other known causes/conditions, such as seasonal allergies or reflux		
Runny nose/congestion	YES	NC
Not related to other known causes/conditions, such as seasonal allergies or being outside in cold weather		
Feeling unwell/fatigued	YES	NC
Lack of energy, poor feeding in infants, not related to other known causes or		
conditions, such as depression, insomnia, thyroid dysfunction or sudden injury		
Nausea, vomiting and/or diarrhea	YES	NC
Not related to other known causes or conditions, such as anxiety, medication or irritable bowel syndrome		
Unexplained loss of appetite	YES	NC
Not related to other known causes or conditions, such as anxiety or medication		
Muscle/joint aches	YES	NC
Not related to other known causes or conditions, such as arthritis or injury		
Headache	YES	NC
Not related to other known causes or conditions, such as tension-type headaches or		
chronic migraines		
Conjunctivitis (commonly known as pink eye)	YES	NC
If the child answered "YES" to ONE symptom in question 3:		
Keep your child home and monitor for 24 hours.		
	activities	
 Keep your child home and monitor for 24 hours. 	activities	
 Keep your child home and monitor for 24 hours. If their symptom is improving after 24 hours, they can return to school and a 	l sympt	oms
 Keep your child home and monitor for 24 hours. If their symptom is improving after 24 hours, they can return to school and a when they feel well enough to go. Testing is not necessary. If the symptom does not improve or worsens after 24 hours (or if additiona emerge), use the <u>AHS Online Assessment Tool</u> or call Health Link 811 to che is recommended. 	l sympt	oms
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Please note: If your child is experiencing any symptoms from the lists above, do not bring them to visit a continuing care or acute care facility for 10 days from when symptoms started/until symptoms resolve (whichever is longer), unless they receive a negative COVID-19 test result and feel better.

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Canadian Mental Health Week May 3rd - May 7th.

This year's CMHA Mental Health Week is all about getting real about how we feel. We will do that by getting right up close to our feelings so that we can identify and name them. When we name how we feel, instead of numbing it, we actually feel better. When we name our emotions, we can tame them. Especially the harder ones. The ones we sometimes call "negative". We may have learned – and taught the kids – some things

that just isn't true. Like that focusing on feelings will just make those feelings harder to manage. It turns out that science says otherwise. In fact, the research is showing that naming how we feel actually changes our brain. And it has other benefits you might not expect. According to emotion scientist Marc Brackett, the Founder and Director of the Yale Center for Emotional Intelligence, labeling our emotions also helps us describe what we're going through, which helps us get help from others. We can't empathize without being in touch with how we're feeling ourselves, so this language of emotions helps us provide support that matches what someone is feeling, fosters connections, while allowing us to commiserate and solve problems together.

Fox Creek School will recognize and participate in activities for Mental Health Week!